

a brief Recommended Reading List

**About Religious Life:**

*A Seal Upon My Heart: Autobiographies of Twenty Sisters* edited by George L. Kane.

*An Undivided Heart: Pope John Paul II on the Deeper Realities of the Consecrated Life* by Sister Evelyn Ann Schumacher, O.S.F.

*A Right to Be Merry* by Mother Mary Francis, P.C.C.

*“...And You Are Christ’s”*: *The Charism of Virginity and the Celibate Life* by Father Thomas Dubay, S.M.

*The Story of A Soul* by St. Thérèse of Lisieux

**About Hope and Discernment:**

*The Meaning of Vocation: in the words of John Paul II* published by Scepter Publishers

*The Yes of Jesus Christ* by Pope Benedict XVI

*Man’s Search for Meaning* by Victor Frankl

**On Prayer and Growing in Holiness**

*Prayer for Beginners* by Peter Kreeft

*Conversation with Christ* by Peter Thomas Rohrbach

*A Year with the Saints: Twelve Christian Virtues in the Lives and Writings of the Saints*  
translated from the Italian by A Member of the Order of Mercy (Tan Publishers)

*The Way of Perfection* by St. Teresa of Avila

**About Russia:**

*With God in Russia* by Father Walter Ciszek, S.J.

*He Leadeth Me* by Father Walter Ciszek, S.J.

*My Russian Yesterdays* by Catherine De Hueck

“Father Myron Effing, CJD” in the book *Priest* by Michael Rose